

BRUNSHAW PRIMARY SCHOOL



Inspiring children to be resilient and aspirational learners, within a positive and considerate community

Subject - PE	Year group: EYFS	Title: FMS 'The Seaside'
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What should I already know? • To show good control and co-ordination in large and small movements. • To show increasing control over an object in pushing, patting, throwing, catching or kicking it. • To experiment with different ways of moving	Facts I will learn • To balance on small body parts • To travel on hands and feet • To show increasing control over an object • To perform a variety of gymnastic rolls • To develop the underarm throw	<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>balance</td><td>an even distribution of weight</td></tr><tr><td>bridge</td><td>An elevated position held by the body</td></tr><tr><td>mount</td><td>To climb something</td></tr><tr><td>control</td><td>The ability to manage one's actions or behaviour</td></tr></table>	Key vocab	Definition	balance	an even distribution of weight	bridge	An elevated position held by the body	mount	To climb something	control	The ability to manage one's actions or behaviour
Key vocab	Definition											
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Key Skills..... • Develop their co-ordination, control, and movement • Understand the importance of physical activity • Show good control and co-ordination in large and small movements. • Move confidently in a range of ways, safely negotiating space • Develop accuracy with throwing skills • Explore ways to travel	Experiences that school will provide: • Qualified Sports Coaches • Sporting competitions and events • Afterschool clubs 	Key questions • How can we support our bodies when balancing? • Where should we look when trying to balance? • How many feet should we take off on when jumping?										
Web links https://www.bbc.co.uk/teach/school-radio/eyfslisten-and-play-at-the-seaside/zvyf6v4 The Seaside	Experiences that could be provided at home... • Visit the seaside • Watch the BBC link on the Seaside											

