

BRUNSHAW PRIMARY SCHOOL



Inspiring children to be resilient and aspirational learners, within a positive and considerate community

Subject - PE	Year group: KS1	Title: FMS Catching and Bouncing
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What should I already know? • Roll equipment in different ways • Throw underarm • Throw an object at a target	Facts I will learn • How to catch a ball correctly? • How to control an object, when moving, with accuracy? • How to apply simple tactics in a game	<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>Bounce</td><td>To move an object quickly up, back, or away from a surface after hitting it</td></tr><tr><td>Control</td><td>The ability to manage one's behaviour or the course of events</td></tr><tr><td>Dribble</td><td>The action of moving a ball forwards past opponents with slight touches of the feet by continuous bouncing</td></tr><tr><td>Tactic</td><td>An action or strategy carefully planned to achieve a specific outcome</td></tr><tr><td>Opponent</td><td>Someone who competes with or opposes another in a game</td></tr></table>	Key vocab	Definition	Bounce	To move an object quickly up, back, or away from a surface after hitting it	Control	The ability to manage one's behaviour or the course of events	Dribble	The action of moving a ball forwards past opponents with slight touches of the feet by continuous bouncing	Tactic	An action or strategy carefully planned to achieve a specific outcome	Opponent	Someone who competes with or opposes another in a game
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Key Skills..... • Catch a ball with two hands • Bounce a ball with control and while travelling • Hop rhythmically on one leg • Apply a simple tactic in a game	Experiences that school will provide: • Qualified Sports Coaches • Sporting competitions and events • Afterschool clubs	Key questions • Where should your hands sit when getting ready to catch an object? • Which part of the hand should we use to bounce a ball? • How can you make it easier/harder for your partner to catch the ball?												
Web links Lancashire PE App	Experiences that could be provided at home... • Sports games/practice at home • Watching competitions and events													

