

BRUNSHAW PRIMARY SCHOOL



Inspiring children to be resilient and aspirational learners, within a positive and considerate community

Subject - PE	Year group: KS1	Title: FMS Rolling a Ball
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What should I already know? • To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping • To experiment with different ways of moving • To jump off an object and land appropriately • To catch a large ball • To negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles • To show increasing control over an object in pushing, patting, throwing, catching or kicking it	Facts I will learn • Develop fundamental movement skills of hopping, jumping, running fast, skipping, catching, bouncing, rolling and kicking a ball and underhand and overhand throwing • To show understanding of the need for safety when tackling new challenges and consider and manage some risks • To show understanding of how to transport safely • To practice some appropriate safety measures without direct supervision	<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>Stable</td><td>Firmly fixed to a spot</td></tr><tr><td>Release</td><td>Allow something to move freely</td></tr><tr><td>Dodging</td><td>Move quickly to one side or out of the way</td></tr><tr><td>Tactic</td><td>An action or strategy planned to achieve a specific outcome</td></tr><tr><td>Rhythm</td><td>A strong, regular repeated pattern of movement</td></tr></table>	Key vocab	Definition	Stable	Firmly fixed to a spot	Release	Allow something to move freely	Dodging	Move quickly to one side or out of the way	Tactic	An action or strategy planned to achieve a specific outcome	Rhythm	A strong, regular repeated pattern of movement
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Key Skills..... • Identify and use fundamental movement skills of throwing, side galloping, running and dodging • Develop fundamental movement skills • To apply simple tactics in a game • To throw with accuracy • To develop rhythm	Experiences that school will provide: • Qualified Sports Coaches • Sporting competitions and events • Afterschool clubs	Key questions • Which piece of equipment is easier to roll? • Which jumps are easy/difficult? • Why is it important to keep your head up when dodging?												
Web links Lancashire PE App	Experiences that could be provided at home... • Sports games/practice at home • Watching competitions and events													

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