

# BRUNSHAW PRIMARY SCHOOL



Inspiring children to be resilient and aspirational learners, within a positive and considerate community

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| Subject - PE | Year group: Term: Summer 2 | Title: Striking and Fielding (KS1) |
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| <b>What should I already know?</b> <ul style="list-style-type: none"><li>• Use hitting skills in a game</li><li>• Practise basic striking, sending and receiving</li><li>• Use simple defending skills such as marking a player or defending a space</li><li>• Use simple attacking skills such as dodging to get past a defender<ul style="list-style-type: none"><li>• Follow simple rules to play games, including team games</li></ul></li></ul> | <b>Facts I will learn ....</b> <ul style="list-style-type: none"><li>• To strike a ball with accuracy for distance</li><li>• To play a simple game using tactics</li><li>• To develop the fundamental skills of overarm throwing, running and striking a ball</li></ul> | <table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>Overarm throw</td><td>An object throw from the should and then forced forward. This throw is great for longer distances.</td></tr><tr><td>Underarm throw</td><td>Using an object to throw over a short distance accurately. It involves the transference of weight forwards as the straight-<b>throwing</b> arm swings through from the back to the front to release the object at hip height.</td></tr><tr><td>Field</td><td>Attempting to return the ball or object before the striking team complete a run between 2 markers.</td></tr><tr><td>Strike</td><td>Hitting a ball or object into an open space in the playing area.</td></tr></table> | Key vocab | Definition | Overarm throw | An object throw from the should and then forced forward. This throw is great for longer distances. | Underarm throw | Using an object to throw over a short distance accurately. It involves the transference of weight forwards as the straight- <b>throwing</b> arm swings through from the back to the front to release the object at hip height. | Field | Attempting to return the ball or object before the striking team complete a run between 2 markers. | Strike | Hitting a ball or object into an open space in the playing area. |
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| Key vocab                                                                                                                                                                                                                                                                                                                                                                                                                                            | Definition                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |
| Overarm throw                                                                                                                                                                                                                                                                                                                                                                                                                                        | An object throw from the should and then forced forward. This throw is great for longer distances.                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |
| Underarm throw                                                                                                                                                                                                                                                                                                                                                                                                                                       | Using an object to throw over a short distance accurately. It involves the transference of weight forwards as the straight- <b>throwing</b> arm swings through from the back to the front to release the object at hip height.                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |
| Field                                                                                                                                                                                                                                                                                                                                                                                                                                                | Attempting to return the ball or object before the striking team complete a run between 2 markers.                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |
| Strike                                                                                                                                                                                                                                                                                                                                                                                                                                               | Hitting a ball or object into an open space in the playing area.                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |
| <b>Key Skills.....</b> <ul style="list-style-type: none"><li>• Use at least one technique to attack or defend to play a game successfully</li><li>• Perform learnt skills with increasing control</li><li>• Strike or hit a ball with increasing control</li><li>• Learn skills for playing striking and fielding games</li><li>• Position the body to strike a ball.</li></ul>                                                                      | <b>Experiences that school will provide:</b><br><br>Coaching opportunities through BSP<br>School Games Day<br>After school clubs                                                                                                                                        | <b>Key questions .....</b> <ul style="list-style-type: none"><li>• What is the success criteria for striking a ball?</li><li>• How should we hold our body when in the striking position?</li><li>• Can you self-feed the ball instead of hitting it off a tee?</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                        |           |            |               |                                                                                                    |                |                                                                                                                                                                                                                                |       |                                                                                                    |        |                                                                  |

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| <p><b>Web links</b></p> <p><a href="https://activeforlife.com/resource/links/">https://activeforlife.com/resource/links/</a></p> | <p><b>Experiences that could be provided at home...</b></p> <p>Sports activities and classes</p> | <p><b>Inspiring athlete</b></p>  <p><b>James Anderson – England and Lancashire Cricket (he is from Burnley)</b></p> |  |
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