

BRUNSHAW PRIMARY SCHOOL



Inspiring children to be resilient and aspirational learners, within a positive and considerate community

Subject: PE		Year group: One Term: Summer 1		Title: Net/Wall Games (Tennis KS2)																													
What should I already know? Use hitting skills in a game Practise basic striking, sending and receiving Practise accurate throwing and consistent catching Throw underarm and overarm Catch and bounce a ball Use different ways of travelling in different directions or pathways		Facts I will learn In KS1 I will learn to: Pupils should be taught participate in individual based skills, Working in pairs, Develop simple tactics for rallying against a partner To begin to understand the principle of playing an attacking stroke/shot within games such as dodgeball and big ball tennis Play a variety of games to score Start to apply basic tactics		In KS2 you will learn to: Understand basic rules of tennis. Consolidate throwing actions and practice catching. Strike a tennis ball using their hand or small racquet. Strike a ball with some control and accuracy. Apply tactical skill and thinking to small games. Perform a forehand shot. Hold the tennis racquet with the correct grip.		Key questions How can you move to catch a ball? Why would you want to be in a ready position? How can you use whole body to help keep the ball on the bat when moving? What will you need to do when striking the ball to be accurate? What is the best position to be in when getting ready to strike the ball? Why? How can you move quickly around the playing area? Which technique is better – forehand or backhand? (KS2) Can I get a rally going? (KS2) Can I use spatial awareness to watch out for other players on the court if playing pairs? (KS2)																											
Key Skills..... Begin to choose and use the best space in a game Strike or hit a ball with increasing control Position the body to strike a ball Use the correct tennis racket grip	Safety Remove all jewellery including earrings. Long hair must be tied back. Wear suitable footwear. Use correct techniques. Complete a warm-up and cool-down.	Experiences that school will provide: Outside coaching, after school clubs, competition			<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>Balance</td><td>To keep steady on their feet while moving and performing skills.</td></tr><tr><td>Control</td><td>To perform movements and skills without losing your balance, change the speed and direction you move.</td></tr><tr><td>Technique</td><td>The safe method performers have been taught to perform a skill such as serving and forehand.</td></tr><tr><td>Travelling</td><td>When a player moves across the court.</td></tr><tr><td>Fluency</td><td>To be able to move and perform skills with ease.</td></tr><tr><td>Spatial Awareness</td><td>Being aware of the court area.</td></tr><tr><td>Accuracy</td><td>Being able to strike the tennis ball and get it to a targeted area.</td></tr><tr><td>Stamina</td><td>The ability to perform physical activity for a sustained period of time.</td></tr><tr><td>Forehand</td><td>When the player strikes the ball forward using the front of their racquet.</td></tr><tr><td>Rally</td><td>When players hit the ball over the net consecutively to each other.</td></tr><tr><td>Serve</td><td>The player starts a game by hitting the ball over the net into the serve box.</td></tr><tr><td>Racquet</td><td>The piece of equipment used to strike the ball.</td></tr><tr><td>Backhand</td><td>When the player strikes the ball using the back of their racquet and from across their body.</td></tr></table>	Key vocab	Definition	Balance	To keep steady on their feet while moving and performing skills.	Control	To perform movements and skills without losing your balance, change the speed and direction you move.	Technique	The safe method performers have been taught to perform a skill such as serving and forehand.	Travelling	When a player moves across the court.	Fluency	To be able to move and perform skills with ease.	Spatial Awareness	Being aware of the court area.	Accuracy	Being able to strike the tennis ball and get it to a targeted area.	Stamina	The ability to perform physical activity for a sustained period of time.	Forehand	When the player strikes the ball forward using the front of their racquet.	Rally	When players hit the ball over the net consecutively to each other.	Serve	The player starts a game by hitting the ball over the net into the serve box.	Racquet	The piece of equipment used to strike the ball.	Backhand	When the player strikes the ball using the back of their racquet and from across their body.
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Web links https://ta-tennis.force.com/schools/s/ http://www.tennisfoundation.org.uk/wp-content/uploads/2016/03/Inclusive-Tennis-Activity-Cards.pdf	Inspiring Athlete  Emma Raducanu – British Tennis player and US Open Champion	Experiences that could be provided at home... Children should be kept active and work on fundamental movement skills at home. Children should be given the opportunity to attend clubs and sessions to encourage enjoyment and challenge Watching competitions and events	
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