



GETTING READY FOR SCHOOL THROUGHOUT AUGUST

1 Practice putting your coat on by yourself.	2 Practice zipping up your coat	3 Put your shoes on by yourself.	4 Practice taking your shoes and socks off.	5 Put your PE kit on by yourself.	6 Take your PE kit off by yourself and put it back in your PE bag.	7 Practice washing and drying your hands by yourself.
8 Practice using the toilet and washing your hands by yourself.	9 Open your own water bottle.	10 Practice using a knife and fork	11 Draw a picture of your family.	12 Draw a self-portrait.	13 Practice writing your name.	14 Practice colouring a picture carefully.
15 Cut along straight lines with scissors.	16 Practice gluing and sticking to make a collage picture.	17 Practice counting to ten or twenty using toys or blocks.	18 Spot and name 5 different colours around your house.	19 Find and name four different shapes (circle, square, rectangle, triangle)	20 Listen to a story and talk about your favourite part.	21 Practice saying your full name and age.
22 Learn the name of your new teacher and practice asking grown-ups for help.	23 Take turns when playing a simple board game.	24 Practice saying 'Hello, my name is ...'	25 Practice packing your school bag with a book and your water bottle.	26 Tidy away your toys after playing.	27 Follow a two-step instruction (e.g. "Pick up your teddy and put it on the bed").	28 Have a pretend school morning and get dressed independently.
29 Talk with your parents about the fun things you will do at school.	30 Choose your favourite bedtime story and enjoy a calm reading session.	31 Talk about everything you've learned this month and how excited you are for your first day of school.				

