

**Inspiring children to be resilient and aspirational learners,
within a positive and considerate community.**

	Subject: RE Term Autumn 1 – Sikhism	Year group: Three	Title: Why is family an important part of Hindu life?
Lesson	Key Knowledge /objectives	Skills/Key Questions	Vocabulary
1 Shared Human Experience	To know a duty is a term that conveys a sense of moral commitment or obligation to someone or something. To understand that children have duties to: Respect their parents, teachers, elders and love youngsters. Pay attention to personal hygiene. Help people in need. Sharing things with others. Use polite language. Study, play, eat and sleep at the proper time To know some of their family duties could be: chores, tidying up, being kind to a sibling, being polite, following rules etc To know that these duties contribute to maintaining a healthy functioning family life.	What are our duties to one another?	Duties Moral Obligation Commitments Respect Polite Family life
2 Beliefs and Values	To know that the Hindu concept of dharma is often translated as ‘duty’ but can also be understood as the right way of being – behaving in a certain way because it is the right way to live. To understand the story of Rama and Sita; light vs dark, good vs evil; good deeds shining like lights in the darkness.	Why is family an important part of Hindu life?	Hindu Dharma Family Duty Good Evil Light

	To know that the story of Rama and Sita is important because it teaches us about how good is more important than evil. There are also lessons of perseverance and commitment to those we care about. To know that the different family roles in the story and how duties of family members are illustrated in this Hindu text. (King Dasharatha keeps his promise to his wife, Rama obeys his father, Sita goes into exile with her husband, Lakshman is the loyal brother – Hanuman is not a family member, but represents the idea of devotion to God). To understand that a Hindu might learn about dharma from reading this story. As humans, our duties change during the course of our lives. That the lesson here is: No matter how bad the circumstances be in life, good will always prevail over evil.		Dark Promise Devotion
3 Living Religious Traditions	To know that a festival is day or period of celebration, typically for religious reasons To understand that Raksha Bandhan is an Indian celebration of sisterly and brotherly respect and love. 'Raksha' means protection and 'Bandhan', to tie. A sister will wrap a red-and-gold rakhi (sacred thread of love) round her brother's wrist and say a prayer for his wellbeing, as she makes a mark on his forehead with red powder. To know that Raksha means “love” and Bandhan means “tie”. A rakhi, or string bracelet, which sisters give to their brothers on this day. He will wear it all year, and it symbolises that brothers should protect their sisters. Even though brothers and sisters often fight, it is a day when they try to get on and do things together. Raksha Bandhan is also a day to dress up in traditional clothes, and remember an ancient story from the Hindu scriptures. The god Vishnu had gone to live with King Bali, and Vishnu’s wife Lakshmi missed him.	What is the festival Raksha Bandhan and how is it a reminder of family ties and responsibilities?	Festival Raksha Bandhan Responsibility Celebration Rakhi Prayer King Bali Vishnu Lakshmi Generous

	She visited King Bali and tied a rakhi to him, and the king asked her what she would like in return. She asked for him to let her husband come home. The story shows the generosity of the king, and the festival encourages Hindus to be generous. The ceremony shows the sister tie on a rakhi. She puts a tilak – a red coloured mark - on her brother's forehead. She prays for him, asking god to keep him happy and healthy in the year ahead. She feeds her brother a sweet, and because her brother is younger than her he touches her feet. He also gives her a gift of nail varnish. If you don't have a brother, you can give a rakhi to a cousin or a friend.		
4 Search for Personal Meaning	To know we all have duties and that they may not be the same duties as others have. To understand we have a duty to ourselves – to look after our health and respect our selves etc We have a duty to our family – look after pets, siblings, chores, work hard at school etc We have a duty to the wider community – to clean our areas, to participate, cooperate etc To know we have a duty to others and include: Not to harm or bully others Do what you can to look after the environment. Learn as much as you can and share your experiences and knowledge with others. Help others who are in need Respect other religions Obey adults Study, play, eat and sleep at the proper time	• What duties do I have towards other people?	Duty Gratitude Respect Obey Help
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