

**Inspiring children to be resilient and aspirational learners,
within a positive and considerate community.**

	Subject: RE Term Summer 1 – Islam	Year group: 4	Title: Why do Muslims fast during Ramadan?
Lesson	Key Knowledge /objectives	Skills/Key Questions	Vocabulary
1 Shared Human Experience	To know society is a community, nation, or broad grouping of people having common traditions, institutions, and collective activities and interests A commitment is an agreement or pledge to do something in the future To understand we can make a commitment to: • People – making time for them, showing interest, knowing what they like, respecting them • a cause (to stop using plastic) – to know what is happening, to spread the word, to campaign to stop it • develop a skill – to practice, give time, persevere • a community – to make time, to get involved in events, to support less fortunate • a school – to give your best, respect building, be ready to learn, on time To know a quality is a distinctive characteristic or attribute that they possess To understand that to be better and improve at a skill or commitment they need to: Get experience. Take training courses. Practice. Learn from others.	• How do people show their commitment to others and to society?	Society Commitment Qualities Interest Possess Develop Skill Community Experience Practice Time Improve

	Be open to feedback and suggestions. Take on a new challenge. Find learning opportunities to get better Focus on the positive Time Focus		
2 Beliefs and Values	To know a Muslim is a follower of the religion of Islam To understand that Ramadhan is a holy month of worship, study of the Quran, prayer, and fasting. Ramadan occurs during the month in which Muslims believe the Quran began to be revealed to the Prophet Muhammad. It is a joyous celebration for Muslims. To know fasting is one of the Five Pillars of Islam - Sawm During the month of Ramadan, Muslims won't eat or drink between dawn and sunset. This is called fasting. Fasting is important during Ramadan as it allows Muslims to devote themselves to their faith and come closer to Allah, or God To understand ṣawm, (Arabic: “fasting”) in Islam, any religious fast, but especially the fast of the month of Ramadan during which Muslims abstain from food or drink each day from sunrise (<i>fajr</i>) until sunset (<i>maghrib</i>). The purpose of the fast is to practice self-restraint, piety, and generosity	Why do Muslims fast during Ramadhan?	Muslim Ramadhan Fast Islam Pillar of Islam Celebration Quran Prophet Muhammed (PBUH) Allah God Dawn Dusk Faji Maghrib
3 Living Religious Traditions	To know Muslims, commit to fasting during Ramadan to affirm their faith To understand that there is also a verse in the Quran that prescribes fasting for all Muslims who are mature and healthy enough to do so for the full day. So Muslims fast as an act of worship, a chance to get closer to God, and a way to become more compassionate to those in need To know if you deliberately break a fast without a valid reason, during the month of Ramadan or for breaking a promise/oath, you must pay Kaffarah. Both require a	Why do Muslims commit to fast and what are the impacts of fasting on individuals, families and communities?	Muslims Impacts Families Communities Individuals Affirm Faith Quran Closer God Compassionate

	penalty to be paid. The amount paid for each missed fast is the equivalent of feeding 60 people To understand in Islam, during the month of Ramadan, able-bodied Muslims abstain from food and fluid for 12-14 hours daily. They rise early for prayers, eat before sunrise, retire later and consume large meals after sunset to replenish energy and fluid levels To know Ramadan marks a time where Muslims gather together, especially in the presence of family. In turn, being able to come together during Suhoor (pre-dawn meal) and Iftar (breaking fast meal) gives us the much needed time to connect and bond with our families To know that in communities, Ramadan develops spiritual, social and moral values. During this time the poor are given attention and charity, and faith led neighbourhoods practice hospitality. Fasting aims to establish equality between the rich and poor, as the rich experience hunger and learn to show respect and appreciate the less fortunate		Worship Mature Prayers Ramadhan Islam Family Suhoor Iftar Hospitality Poor Less fortunate Attention Charity Spiritual Respect
4	To know we are committed to families, friends, schools, communities, jobs, clubs, teams and much more To know we show commitments: Being on time Doing the tasks Being present Attending Respecting the process Doing what isn't easy Care about them Invest the time Solve problems Support them Helping those less fortunate	Who or what am I committed to?	Committed Respect Caring Helping Supportive Time

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	Subject: RE Term Summer 2 –	Year group: 4	Title:
Lesson	Key Knowledge /objectives	Skills/Key Questions	Vocabulary
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