

**Subject: PSHE****Year group: Four Term: Autumn****Title: Relationships****What should I already know?**

- To recognise and respect that there are different types of families
- That being part of a family provided stability and love
- About the different ways people can care for each other
- What to do and whom to tell of family relationships and making them feel unhappy or unsafe
- The things that are appropriate to share with friends, classmates, family and wider social groups online
- That bullying and hurtful behaviour is unacceptable in any situation
- The effects and consequences of bullying
- What to do if they see or experience bullying behaviours
- How to model respectful behaviours
- The importance of self-respect and the importance of politeness

Facts I will learn

- The features of positive healthy friendships, such as mutual respect, sharing interests and trust
- How to build positive friendships
- How to seek support if they feel lonely or excluded
- How to communicate respectfully with friends on digital devices
- Knowing that communicating online is different from face to face and the risks if communicating with someone they don't know
- Who to tell if they are worried about any contact online ([Link with fact above](#))
- The difference between playful teasing, hurtful behaviour and bullying
- How to respond to behaviour online that is hurtful or bullying
- To manage pressures associated with dares
- When it is right to keep or break a secret

Key questions

- What makes a healthy friendship and how do we build a healthy friendship?
 - What should I do if I feel lonely or excluded?
- How should we speak to friends on digital devices?
- How should I communicate with online and what are the risks of communicating with someone I don't know?
- What is the difference between playful teasing and hurtful behaviour and bullying?
- How should you respond if someone is hurtful or bullying you online?
 - What are dares and how can we manage peer pressure to take part in dares?
 - When should you keep or break a secret?
 - Are all people online who they say they are?
 - How are people different?
- Why should we respect the similarities and differences between people?



	• How people may behave differently online, including pretending to be something they are not • To recognise the difference between people including race, gender, faith • The importance of respecting the differences and similarities between people													
Key Skills In this unit children will learn about what a healthy friendship is and how to keep themselves safe online.	Experiences that school will provide: Safer internet day 	<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>excluded</td><td>Left out on purpose to make someone feel unhappy</td></tr><tr><td>digital devices</td><td>Any technology that can be used to access the internet</td></tr><tr><td>playful teasing</td><td>Joking with someone in a way that they are happy and comfortable with</td></tr><tr><td>dares</td><td>An action that you are encouraged to participate in even though it may cause harm</td></tr><tr><td>peer pressure</td><td>Pressure that is put on a person by their friends or people of a similar age</td></tr></table>	Key vocab	Definition	excluded	Left out on purpose to make someone feel unhappy	digital devices	Any technology that can be used to access the internet	playful teasing	Joking with someone in a way that they are happy and comfortable with	dares	An action that you are encouraged to participate in even though it may cause harm	peer pressure	Pressure that is put on a person by their friends or people of a similar age
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Web links https://beinternetawesome.withgoogle.com/en_us/interland/kingdom 	Experiences that could be provided at home... Talk about the importance of keeping themselves safe online and what to do if someone they don't know tries to speak to them online.													