



Subject: DT		Year group: 1 Term: Spring		Title: Food - Fruit Ice-lollies									
What should I already know? To be able to name common fruits and vegetables. 		Facts I will learn - That the fruit is the part of a plant that contains seeds. - Where foods we eat come from. - That fruits and vegetables grow in one of three places: on trees or vines, above the ground, below the ground. - To know that a fruit has seeds and a vegetable does not. - The difference between fruits and vegetables. - Which fruits complement each other. - The importance of healthy eating to a healthy lifestyle.		Key questions - How do we know what is fruit or vegetables? - Where do fruit and vegetables grow? - Product - what healthy summer dessert would children like in school? - Purpose – to design a healthy dessert that children will enjoy. - User - who is going to enjoy it? - How do we prepare a fruit lolly hygienically? - How do we cut, peel, grate and chop fruits safely?									
Key Skills - Learn to distinguish between fruit. and vegetables. - Cutting and chopping using new equipment. - Use new vocabulary to describe taste, smell, texture and feel. - Working safely and hygienically. - Measure out different foods.		Experiences that school will provide - Tasting fruits and vegetables. - Working co-operatively with kitchen staff. - Providing opportunities to learn how to cut fruit safely. - Making ice lollies to eat. 		<table><tr><th>Key vocab</th><th>Definition</th></tr><tr><td>fruit</td><td>The part of a plant that contains seeds.</td></tr><tr><td>vegetable</td><td>Parts of plants that can be eaten by people as food. The parts may be leaves, roots or stem. Vegetables do not contain any seeds.</td></tr><tr><td>seed</td><td>A seed is the part of a seed plant which can grow into a new plant.</td></tr></table>		Key vocab	Definition	fruit	The part of a plant that contains seeds.	vegetable	Parts of plants that can be eaten by people as food. The parts may be leaves, roots or stem. Vegetables do not contain any seeds.	seed	A seed is the part of a seed plant which can grow into a new plant.
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Web links		Experiences that could be provided at home Tasting new fruits and vegetables.											

The 5 a day song - https://www.bbc.co.uk/bitesize/clips/z2pxpv4	Exploring new fruit and vegetable combinations. Make a healthy meal Write a shopping list for fruits and vegetables Have a go at planting some fruits and vegetables at home	root	A root is a part of a plant that is normally underground.
		healthy	When everything in your body and head feels good.
		design	a plan or outline showing how something is to be built or carried out, or the way that something is put together.
		hygiene	The way we care for our bodies and stay clean.

